

We're looking for parents like you! Join our Positive Parenting program, just for parents of babies and toddlers. And it's free.



ZERO TO THREE
Early connections last a lifetime

Not sure what your baby needs? Frustrated by your toddler's tantrums? Wish there was less yelling and more fun at home?

Join Aspire's Positive Parenting group to learn more about raising little ones and how to make parenting a little easier.

What: 8-session Positive Parenting program

Who can enroll: Parents with at least one child between the ages of 1 month and 3 years old

When: Next Class Registration in March. Class starts in April 2021. Offered Quarterly.

Where: Aspire, 602 S. 8th Street

Cost: It's free. And we'll provide child care, snacks and gift cards for attending.

What you'll do:

- Have a chance to connect with other parents dealing with same issues you are.
- Get guidance on your child's temperament and development.
- Find new ways to help your child learn through playtime.
- Discover how to calm your little one when they are overwhelmed (and learn other strategies for managing challenging behavior).
- Think about daily routines that make family life easier.

We hope you'll join us. To find out more, please contact Toni at 970-264-5963 or education@aspirepagosa.org

ZERO TO THREE's mission is to ensure that all babies and toddlers have a strong start in life. Visit: www.zerotothree.org

